



SEED OF THE MONTH:

Common Name: Hearts and Flowers

Scientific Name: Aptenia Cordifolia

Family: Aizoaceae

Genus: Aptenia

Species: A. cordifolia

Height:

Spacing:

Sun Exposure:

2"- 6"

24'-36 inches

Filtered to full sun

Bloom Color: Magenta to reddish-purple flowers with yellow centers.

Other Details: Hearts and Flowers is a fast growing, perennial succulent commonly used as a ground cover. It has green heart shaped leaves and small 1/2 inch wide flowers that bloom from early spring until summer. The blossoms attract bees and butterflies, opening during daylight hours and closing at night.

Soil Requirements: Clay, loam; soil; acidic, alkaline, well drained

Water Requirements: low to moderate

Propagation Methods: It easily grows from cuttings of the developed stems, roots and seeds. This plant can be divided, and runners can be planted directly in to the ground. It grows in almost any kind of soil, but it requires excellent drainage.

Uses: This ornamental ground cover can also be grown in containers and is good for weed suppression and erosion control on dry or steep slopes. In its country of origin (South Africa) this plant has been used medicinally as an anti-inflammatory, as a dressing (poultice) and deodorant. The plant is also used as a love and good luck charm.

Halawa Xeriscape Garden Free Seed Program